VERONA RECREATION

2020 SPRING & SUMMER PROGRAMS

REGISTER ONLINE:
WWW.CI.VERONA.WI.US/RECREATION

LIBRARY & SENIOR CENTER EVENTS ALSO INSIDE!

410 INVESTMENT CT.
VERONA, WI 53593
608.845.6695

Find us on Facebook!
www.facebook.com/VeronaRec

VERONA

W E L C O M E !

Happy 2020, Verona Rec families!

We're ready to shake off winter and get excited for SUMMER! This season's guide is packed with your favorite recreational activities, and we hope you try your hand at something new this year, too! For the kiddos, we have our always-popular Playground Program with lots of games, crafts, and other hands-on activities; Track and Field; Babysitting 101 with the American Red Cross; and lots more! Adults - grab your summer VFitt pass and stay active while enjoying the great summer weather! As always, we've also included some featured activities and events from the Verona Public Library and the Verona Senior Center, so be sure to check those out, too!

I'm looking forward to another great summer in this wonderful community! Please don't hesitate to get in touch with our office if you have any questions about Verona Rec programs.

Mari Freber
Recreation Assistant

Inside…

Recreation Information & Policies……..	4
Registration Form……..	6
Youth Sports……...	7
Playground Program…….	11
Youth Enrichment……..	12
Area Youth Activities & Leagues…….	17
Adult Fitness …….	20
Family Activities…….	22
Recreation Survey…….	24
Verona Public Library……...	25
Verona Senior Center……...	28

C I T Y O F V E R O N A

Hometown U.S.A.

1966

Mayor	Luke Diaz	845-6495
City Administrator	Adam Sayre	845-9941
Recreation Director	Casey Dudley	848-6815
Recreation Assistant	Mari Freber	497-2070
Parks and Urban Forestry Director	Dave Walker	848-6809
Library Director	Stacey Burkart	845-7180
Senior Center Director	Stephanie Ehle	845-0430
Finance Director	Brian Lamers	848-9949
Planning/Zoning	Katharine Holt	848-0909
City Clerk	Ellen Clark	848-9947
Public Works Director	Theran Jacobson	848-6801
Assistant Public Works Director	Eric Schulz	497-2081
Street Supervisor	Jon Bublitz	848-6804
Sewer and Water Clerk	Kimberly Marshall	497-2071
Construction Manager	Marty Cieslik	497-2072

REGISTRATION INFORMATION

Recreation Department

Director:
Casey Dudley
casey.dudley@ci.verona.wi.us
608-848-6815

Recreation Assistant:
Mari Freber
mari.freber@ci.verona.wi.us
608-497-2070

Location:
Verona Public Works, Parks, & Recreation Building
410 Investment Ct.
Verona, WI 53593

Hours:
Monday - Friday
8:00am - 4:30pm

General Line:
608-845-6695

Fax:
608-845-5761

Website:
www.ci.verona.wi.us/recreation

How To Register

Online: veronarecreation.activityreg.com
With online registration, you are able to see how many spots are available in a class. Have peace of mind knowing your child is enrolled! If a class is full, please sign up to be on the wait list. Online registration is available 24/7 and accepts Visa, MasterCard, and Discover credit cards.

Mail-in:
Completed registration forms can be mailed with payment to :
Verona Recreation Department
410 Investment Ct.
Verona, WI 53593

Walk-in:
Office hours are 8:00am - 4:30pm, Monday through Friday.

After-hour Drop Box:
Completed registration forms and payment may be dropped off in the drop box located in the entry way of the recreation office. Available 24/7.

Registration Form Instructions

The registration form can be found on page 6. The form must be **completely** filled out in order to participate.

Program Name: Print the name of the program you would like to register for.

Session: Print the session number.

Grade: Fill out the age of the participant as of the day you fill out the form; the grade of the participant should be the grade they are currently in.

Fee Paid: Write in the cost of the class. All resident and non-resident prices are included in the program description. Please total up all the registration fees and write it in the total fee paid space.

Resident vs. Non-Resident Fee Policy

R = Resident **NR** = Non-resident

A resident is any individual who resides **within the city limits** of the City of Verona. All other individuals living outside the city limits are considered non-residents and will be charged an additional fee above the resident rate. This charge is assessed per person, per program.

Residency for our programs is **NOT** based on school district attendance or mailing address.

REGISTRATION POLICIES

Refund Policy

1. Full refunds will be given to persons notifying the Recreation Department **before** the registration deadline.
2. Cancellations after the registration deadline are subject to a $5.00 surcharge.
3. There is no refund after the first session or practice has taken place. A prorated refund will be given **only** in the case that severe illness or injury prevents participation.
4. Full refunds will be given if the Recreation Department cancels a program.
5. All refunds will be mailed to the residence of the participant. It takes approximately two to three weeks to receive the refund after it has been issued.

Confirmation of Enrollment

Once you have registered, plan on attending at the listed times and dates. Please feel free to call 608-848-6815 to verify your registration and/or to ask any questions. The Recreation Department will **only** contact you if the program is full or cancelled.

Late Registration Policy

A $10 late charge will be added to your fee if your registration is received after the registration deadline. There will be no prorating of program fees for late registrations.

Inclement Weather Policy

The Verona Recreation Department will post a voice message for all programs in case of inclement weather. If you would like to inquire about possible cancellations or postponements, please call 848-6815 **after 4:30pm**.

Financial Assistance

There is limited financial assistance through a recreation scholarship fund established with the Verona Area Education Foundation. There is also limited financial assistance available through a recreation scholarship with donations from EPIC. For more information regarding a scholarship, call the Verona Recreation Department at 845-6695.

Find us on Facebook!
www.facebook.com/VeronaRec

Program Sizes

Most programs have a minimum and maximum enrollment limit. If the Recreation Department is unable to meet the enrollment minimum, the class will be cancelled and full refunds will be issued. If a program has reached maximum enrollment and is full, you will be notified, and upon request, you may be put on a waiting list. If a cancellation occurs, you will be notified. If no opening occurs, a full refund will be issued.

Program Times & Places

All program times and places are subject to change if facilities are not available at listed times. The Verona Recreation Department will notify participants of any changes prior to the start date.

Publicity

The Verona Recreation Department reserves the right to use photos and names of participants for publicity purposes. Participants who do not want their names and/or photos used must notify the Recreation Department in writing at the time of registration.

Accident Insurance

The City of Verona Recreation Department does not provide accident insurance for its participants. Participants must assume full responsibility for injuries while participating in any activity.

Employment

The City of Verona Recreation Department employs many individuals to work as umpires, referees, and supervisors for our youth and adult programs. The requirements are that you have taken a course or are familiar with the activity. Contact the Recreation Office at 848-6815 about possible openings.

THANK YOU!

The Recreation Department would like to thank all of the volunteer coaches who have made our programs so successful! We would also like to give a special thanks to the Verona Parks Department staff for their continued support!

Program Registration Form
Verona Recreation Department
410 Investment Ct. Verona, WI 53593

For Office use only:

Check # _____

Date _____

Last Name: _____ **School:** _____ **Home Phone:** _____

Address: _____ **City:** _____ **Zip:** _____

Mother's name: _____ **Cell Phone:** _____ **Email Address:** _____

Father's name: _____ **Cell Phone:** _____ **Email Address:** _____

Has any of your contact information changed since your last registration? Yes No

Program Name	Session #	First Name/Gender	Birth Date	Grade (20/21 school year)	T-Shirt Size (YS, YM, YL, AS, AM, AL)	Friend Request* 1 per participant	Fee+
EX: Playground	#2	Allison / Girl	6/04/07	8	YM	Amber Jennings	$135

TOTAL FEE PAID: $_____

***Requests are for team sports only.** Requested individual must also request you. **Requests are not guaranteed**, but we will do our best to grant them if possible.

+**Please refer to recreation brochure for correct fee amount**. Resident fees apply only to participants who live within the city limits of the City of Verona. Note that **school district attendance does not determine residency**. Late fee may be applied if form is received after registration close date.

Youth Sports Player Assessment:

Height: _____ **Weight**: _____ **Speed**: Fast Average Slow **Skill**: Good Average Below **Experience**: _____

VOLUNTEER COACH? Yes (please circle) I would like to coach my child's team in this activity: _____

Name: _____ Phone: _____ Email: _____ Shirt: M L XL XXL

PLEASE READ THE FOLLOWING AND SIGN BELOW:

"We the undersigned hereby acknowledge that we are familiar with the risk and dangers inherent in recreational activities. We hereby grant permission for the undersigned child/ward to participate in such activity. We agree to hold the City of Verona, its officers, agents, and employees, both individually and in his/her official capacity, harmless from any liability for injury or damage to person or property as a result of the undersigned's participation in said activity(ies). We further agree that the person supervising the activity may, without further permission, take whatever step he/she deems necessary in case of injury, which may include obtaining emergency medical or dental care, and to hold the City of Verona, its officers, agents, and employees harmless from liability in connection therewith as above specified."

_____ _____

PARENT/GUARDIAN SIGNATURE **DATE**

As a Parent and Athlete it is important to recognize the signs, symptoms, and behaviors of concussions. By signing this form, you are stating that you understand the importance of recognizing and responding to the signs, symptoms, and behaviors of a concussion or head injury.

Athlete Agreement: I, _____, have **read** the Athlete Concussion and Head Injury Information and **understand** what a concussion is and how it may be caused. I understand the importance of reporting a suspected concussion to my coaches and my parents/guardian. I understand that I must be removed from practice or play if a concussion is suspected. I understand that I must provide written clearance from an appropriate health care provider to my coach before returning to practice/play. I understand the possible consequence of returning to practice/play too soon and that my brain needs time to heal.

Athlete Signature: _____ **Date:** _____

Parent Agreement: I, _____, have **read** the Parent Concussion and Head Injury Information and **understand** what a concussion is and how it may be caused. I understand the common signs, symptoms, and behaviors. I agree that my child must be removed from practice or play if a concussion is suspected. I understand that it is my responsibility to seek medical treatment if a suspected concussion is reported to me. I understand that my child cannot return to practice/play until providing written clearance from an appropriate health care provider to his/her coach. I understand the possible consequence of my child returning to practice/play too soon.

Parent Signature: _____ **Date:** _____

ASSUME YOU ARE REGISTERED IN ALL THE PROGRAMS YOU HAVE SIGNED UP FOR.
THE VERONA RECREATION DEPARTMENT WILL ONLY NOTIFY YOU IF A PROGRAM IS FULL OR CANCELLED.

YOUTH SPORTS

SPRING SOCCER

Dribble, pass, shoot, score! Young soccer players will learn the fundamentals of soccer and good sportsmanship in a fun, relaxing atmosphere where all participants get equal playing time. Smaller team sizes get all players in the game more often!

Pre-K soccer is for kids entering Kindergarten in the *fall of 2020*.

Each team needs at least 2 volunteer coaches! Be a role model for yours and other children in the community. No experience is necessary; coaching resources are available. Get involved - your kids will thank you!

Fee: $36R / $51NR **Registration Deadline**: March 18
Start Date: Week of April 13, runs approx. 6 weeks
Note: Teams will rotate playing at listed session times (i.e.: a Pre-K team may play one week at 9am and the following week at 10am.)

Session	Grade	Day(s)	Times	Location
#1	Pre-K	Sat	9 or 10am	Fireman's Park
#2	K	Mon	5:30 or 6:30pm	Fireman's Park
#3	1	Tue	5:30 or 6:30pm	Fireman's Park
#4	2 & 3	Mon/Wed	5:30 or 6:30pm	Harriet/Van de Grift Parks

CHALLENGER SOCCER CAMP

Challenger's British Soccer Camp is coming back to Verona! Challenger is now the largest youth soccer camp in the US. "The Challenger Way" focuses on challenging players to improve with maximum participation, maximum touches on the ball, and maximum fun. Challenger is dedicated to not only teaching your child soccer, but also respect, responsibility, integrity, leadership, and sportsmanship. Each camper will receive a free camp shirt, ball, and a personal player evaluation. *Sign up online before July 11 and receive a free replica jersey! ($6.95 s/h fee)

Register at ***www.challengersports.com***

Location: Veteran's Park
Session Dates: August 10-14

Session	Age	Time	Fee
Tiny Tykes Cubs	3-4	9-10am	$95R / $115NR
Tiny Tykes Lions	4-6	9:15-11:15am	$120R / $140NR
Half Day	7-10	9am-12:15pm	$145R / $165NR
Half Day	11-14	9am-12:15pm	$145R / $165NR

INSTRUCTIONAL SOCCER

Have a young sports star who's not quite sure which sport they love yet? Instructional soccer is the perfect program to let them test out soccer without a season-long commitment. Verona Wildcat Soccer players will team up with your little athlete to teach them soccer skills like dribbling, passing, defense, and, of course, sportsmanship! Enrollment is based on the grade going into for *fall 2020*.

Fee: $45R / $60NR **Registration Deadline**: June 7
(Add $10 for late registration)
Start Date: July 7, runs 4 weeks

Session	Grade	Days	Time	Location
#1	1 & 2	Tue/Thu	9-10am	Fireman's Park
#2	3 & 4	Tue/Thu	10-11am	Fireman's Park

ELITE SOFTBALL CAMPS

Calling all softball players! This program is perfect for all girls participating in softball! It emphasizes skill-based learning and benefits even the most advanced players. Players interested in competitive softball will benefit from this excellent opportunity to enhance and refine their skills. Coach Kelly Keyes brings college and high school softball players to teach and mentor your developing athlete!

Enrollment is based on the current grade.

For more information, please visit **www.vagsa.org**

Sign up for 3 sessions by April 15 and the 3rd session is half price! Not available with online registration.

Fee: $99R / $119NR **Registration Deadline**: May 25
Location: VAHS ball diamonds at Country View Elementary
Start Date: June 8, runs approx. 7 weeks

Session	Grade/Level	Day(s)	Times
#1 Pitching/Catching	K-4/ Beg-Int	Mon/Wed	8:30-9:45am
#2 Defense	K-4/ Beg-Int	Mon/Wed	9:45-11:30am
#3 Hitting	3-8/ Beg-Int	Mon/Wed	11:45am-1pm
#4 Pitching/Catching	5-10/ Int-Adv	Tue/Thu	8:30-9:45am
#5 Defense	5-10/ Int-Adv	Tue/Thu	9:45-11:30am
#6 Hitting	5-10/ Int-Adv	Tue/Thu	11:45am-1pm

VAHS GIRLS BASKETBALL CAMP

The Verona Girls Basketball Program is running summer basketball camps for girls entering grades K-8 that reside in VASD or intend to in the future. Each camp will concentrate on the fundamental skills necessary to become a successful basketball player both on an individual level and team basis. In addition to a fun-filled four days of basketball with the high school coaching staff and varsity players, campers will receive a camp shirt and will enjoy and end-of-camp pizza party! All camps are at the Glacier Edge Elementary Gym. Contact varsity coach Angie Murphy with any questions, to register, or for a scholarship request.

Coach Murphy: veronagirlsbasketball@gmail.com
608-469-6641

Grade	Dates	Time	Fee
K-2	6/22-6/25	1:15-2:15 pm	$40
3-5	6/22-6/25	2:30-5:00 pm	$90
6-8	6/22-6/25	5:30-8:00 pm	$90

T-BALL & COACH PITCH

Swing, batter batter! These fun youth leagues teach the basics of baseball while encouraging teamwork and good sportsmanship! Game times are determined by the number of teams in each league.

Each team needs at least 2 volunteer coaches! Be a role model for yours and other children in the community. No experience is necessary; coaching resources are available. Get involved - your kids will thank you!

Fee: $35R / $50NR **Registration Deadline**: May 15
(Add $10 for late registration)
Start Date: week of June 15, runs approx. 6 weeks
Note: Teams will rotate playing at listed session times

Session	Ages	Day(s)	Times	Location
#1 T-Ball	4-5	Sat	9, 10 or 11am	Veteran's Park
#2 T-Ball/Coach Pitch	5-6	Sat	9, 10 or 11am	Community Park
#3 Coach Pitch	6-7	Mon/ Wed	5:30 or 6:30pm	Veteran's Park

BOYS MACHINE PITCH

The machine pitch program is offered in collaboration with the Fitchburg and Mount Horeb Recreation Departments.

Game times are determined by the number of teams in each league and will be played in each participating city.

Each team needs at least 2 volunteer coaches! Be a role model for yours and other children in the community. No experience is necessary; coaching resources are available. Get involved - your kids will thank you!

Fee: $47R / $62NR **Registration Deadline**: April 19
(Add $10 for late registration)
Start Date: May 19, runs approx. 9 weeks
Note: Teams will rotate playing at listed session times

Session	Ages	Days	Times	Location
#4 Boys Machine Pitch	7-9	Tue/Thu	5:30 or 6:30pm	Veteran's Park

Don't forget:

Online registration is available!

veronarecreation.activityreg.com

INSTRUCTIONAL TENNIS

Is there a future Serena Williams or Roger Federer in your home? From beginners to more experienced players, this program will give all players the skills and confidence to go out and play tennis anywhere!

Beginner: (ages 6-11) Learn the basics of tennis, such as proper grip, strokes, volley, serve, and scoring.

Intermediate: (ages 9-13) Work for consistency and knowledge of beginning tennis, leading to confidence in play.

Advanced: (ages 9-15) Work to a level of playing competitive tennis through drills and games to develop consistency and further skills.

Fee: $55R / $70NR **Registration Deadline**: May 15
Location: VAHS tennis courts
Start Date: week of June 15, runs approx. 6 weeks

Session	Level	Days	Time
#1	Beg.	Mon/Wed	8:30-9:30am
#2	Beg.	Tue/Thu	8:30-9:30am
#3	Beg.	Mon/Wed	9:30-10:30am
#4	Beg.	Tue/Thu	9:30-10:30am
#5	Int.-Adv.	Mon/Wed	10:30-11:30am
#6	Int.-Adv.	Tue/Thu	10:30-11:30am
#7	Beg.	Tue/Thu	5-6pm
#8	Beg.	Mon/Wed	5-6pm
#9	Int.-Adv.	Mon/Wed	6-7pm

INSTRUCTIONAL VOLLEYBALL

Dive into the lifelong sport of volleyball! VAHS volleyball players will teach aspiring young players the specific skills of the game. Once the basics are learned, players will get to scrimmage with each other and show off their skills.

Enrollment is based on the grade going into for *fall 2020*.

Fee: $45R / $60NR **Registration Deadline**: June 8
Start Date: July 7, runs approx. 4 weeks

Session	Grades	Days	Time	Location
#1	3 & 4	Tue/Thu	5:30-6:30pm	Glacier Edge
#2	5 & 6	Tue/Thu	6:30-7:30pm	Glacier Edge

JUNIOR TRACK & FIELD

Run, jump, and throw! Your little Olympian will have the opportunity to learn the basics of some classic track and field events in a fun, non-competitive environment. The session will end with a class track meet on the last day!

Fee: $35R / $50NR **Registration Deadline**: July 6
Location: VAHS Track

Session	Ages	Dates	Days	Time
#1	5-6	7/8-8/3	Mon/Wed	12-12:45pm

YOUTH TRACK & FIELD

Ready, set, GO! Learn the fundamentals of one of the world's oldest sports! Participants will try each event in practice before choosing their favorite three to compete in at the end-of-session track meet ! Fee includes meet t-shirt.

Fee: $45R / $60NR **Registration Deadline**: July 8
Location: VAHS Track

Session	Ages	Dates	Days	Time
#2	7-10	7/13-8/5	Mon/Wed	11am-12pm
#3	11-14	7/13-8/5	Mon/Wed	10-11am

INSTRUCTIONAL LACROSSE

Participants will learn the basics of all aspects of the game of lacrosse form Verona Lacrosse players in this "soft stick" program. The first couple weeks will be basic instruction, while the latter half of the class will get into specific player positons and scrimmages.

Enrollment is based on the grade going into for *fall 2020*

Fee: $45R / $60NR **Registration Deadline**: June 8
Start Date: July 6, runs approx. 4 weeks

Session	Grades	Days	Time	Location
#1	1 & 2	Mon/Wed	9-10am	Fireman's Park
#2	3 & 4	Mon/Wed	10-11am	Fireman's Park

NFL COED FLAG FOOTBALL

Are you ready for some football?! This program is a great way for your child to learn the game of football. Participants will get an official NFL league reversible jersey and flag belt. All home games will be played at Community Park and have referees.

Each team needs at least 2 volunteer coaches! Be a role model for yours and other children in the community. No experience is necessary; coaching resources are available. Get involved - your kids will thank you!

***K-1st Grade*:**
Start Date: Practice - August 19; Games - September 9
Games will be played at 5:30 & 6:30pm each week.

***2nd Grade*:**
Start Date: Practice - August 20; Games - September 10
Games will be played at 5:30 & 6:30pm each week.

***3rd-8th Grade*:**
Start Date: Practice - August 15; Games - September 12
Additional weeknight practices will be scheduled by coaches throughout the season. Teams will consist of nearby communities in Dane County. Opening weekend will be Saturday, September 12, 2020, with games starting in the afternoon and into the evening - the older kids will play under the lights! The remainder of the games will be played between 9am and 4pm, depending on the location.

Registration Deadline: July 17
Locations: Practice - TBD; Games - Community Park

Session	Grade(s)	Dates	Practice/ Game Days	Fee
#1	K-1	8/19-10/7	Wed	$60R / $75NR
#2	2	8/20-10/8	Thu	$60R / $75NR
#3	3	8/15-10/10	TBD/Sat	$65R / $80NR
#4	4	8/15-10/24	TBD/Sat	$75R / $90NR
#5	5	8/15-10/24	TBD/Sat	$75R / $90NR
#6	6	8/15-10/24	TBD/Sat	$75R / $90NR
#7	7-8	8/15-10/24	TBD/Sat	$75R / $90NR

PLAYGROUND PROGRAM

Veteran's Park group

Car Wash Day at Cathedral Point Park

Harriet Park group

Hey kids, come out and play! This is the 19th year for the Playground Program! This drop-in program is for girls and boys ages 5 to 12. Our college- and high school-aged staff will lead kids in planned activities each day, so come ready to play new games and make fun crafts! We'll even go to the beach and splash pad once a week!

The program is held in four different locations for your convenience. If you live on the east side, Tollefson Park or Cathedral Point Park might be best. If you're closer to downtown, Veteran's Park may be the most convenient for you. If you live nearer the west side, you might like to consider Harriet Park.

With the early start to summer this year, the Playground Program will run for an extra two weeks this season!

Register early as this program fills up quickly!

Due to the popularity of this program, registration will be available to City of Verona residents ONLY until March 1

Fee: $160R / $180NR **Registration Deadline**: May 15
(Add $10 after May 15)
Start Date: June 8th and runs to August 21
Note: No class 7/3

Session	Ages	Days	Time	Location
#1	5-7	Mon-Fri	9am-12pm	Harriet Park
#2	5-7	Mon-Fri	9am-12pm	Tollefson Park
#3	5-7	Mon-Fri	1-4pm	Veteran's Park
#4	5-7	Mon-Fri	9am-12pm	Cathedral Point Park
#5	8-12	Mon-Fri	1-4pm	Harriet Park
#6	8-12	Mon-Fri	1-4pm	Tollefson Park
#7	8-12	Mon-Fri	9am-12pm	Veteran's Park
#8	8-12	Mon-Fri	1-4pm	Cathedral Point Park

Don't forget:

Online registration is available!

veronarecreation.activityreg.com

YOUTH ENRICHMENT

YOUTH DANCE

The VACT and Verona Rec bring you Verona Youth Dance!

Our summer classes provide a low-commitment way for children to try out the various dance styles to see what they may be interested in pursuing in the upcoming season. Each dance style will be held in separate weeks. The program will end with a small presentation to culminate the week. Our teaching style allows dancers all levels to participate in a class. Students with multiple years of experience will be given more challenging technical moves while beginner students will not be give more than they can handle.

The Styles:

Ballet: The most disciplined foundation for all dance forms concentrating on technical and linear development, proper alignment, turn-out, placement, and coordination. A reinforced ballet vocabulary is also emphasized to all students involved in classical ballet training.

Lyrical/Contemporary: A combination of ballet and jazz technique, and lots of emotion. Students learn how to tell the story of the music through music through movement and emotions, as well as how to breathe life into the choreography.

Jazz: A dynamic form of dance focusing on rhythm, expression and style. Forms and various styles of American dance are taught concentrating on coordination, isolated rhythmic movements and specific jazz technique.

Tap: A form of dance to music that uses different tap tones and dance steps to create a rhythmic sound.

Hip Hop: A freestyle, high energy dance that is upbeat and fun. Hip Hop dance relies on jazz technique while adding flair and attitude. Students dance to today's popular hip hop and pop music.

Musical Theatre: Explore the theatrics of dance through the music from Broadway and musicals. This class focuses on portraying a character through choreography and technique. Students will learn how to act while they dance.

Ages 3-8:

Fee: $40R / $50NR

Ages 9-12:

Fee: $50R / $60NR

Ages 13+:

Fee: $60R / $70NR

Registration Deadline: 2 weeks before class start date
Location: Verona Area Community Theater (103 Lincoln St.)
Note: Classes must have a minimum of 5 students to run.

***Students must be approved to join the advanced classes. To get approval for an advanced class, please email Alyssa prior to registering: alyssamdvorak@gmail.com**

Registration for advanced classes is not available online. Please register by mail or in person.

Style	Age Group	Time
A) Ballet	01) 3-4	3:30-4 pm
6/22-6/25	02) 5-6	4:05-4:35 pm
	03) 7-8	4:40-5:10 pm
	04) 9-12 (Ballet/Contemporary)	5:15-6 pm
	05) 13+ (Ballet/Contemporary)	6:15-7:15 pm
B) Jazz:	06) 3-4	3:30-4 pm
7/6-7/9	07) 5-6	4:05-4:35 pm
	08) 7-8	4:40-5:10 pm
	09) 9-12 (Beg. Jazz/Musical Theater)	5:15-6 pm
	10) 9-12 (Adv. Jazz/Musical Theater) **Approval Required*	6-6:45 pm
C) Tap	11) 3-4	3:30-4 pm
7/13-7/16	12) 5-6	4:05-4:35 pm
	13) 7-8	4:40-5:10 pm
	14) 9-12 (Beg.)	5:15-6 pm
	15) 9-12 (Adv.) **Approval Required*	6-6:45 pm
D) Hip Hop	16) 3-4	3:30-4 pm
7/27-7/30	17) 5-6	4:05-4:35 pm
	18) 7-8	4:40-5:10 pm
	19) 9-12	5:15-6 pm
	20) 13+	6:15-7:15 pm
E) Teen Intensive	21) 13+ Beg./Int. Musical Theater Jazz	5-5:45 pm
8/3-8/6	22) 13+ Beg./Int. Tap	5:45-6:30 pm
	23) 13+ Adv. Musical Theater Jazz **Approval Required*	6:30-7:30 pm
	24) 13+ Adv. Tap **Approval Required*	7:30-8:30 pm

When registering, select the letter for the type of dance and the number for the age group - i.e. a 5 year-old in Tap would be C12

VACT VERONA AREA COMMUNITY THEATER

BIKING BEEBOPPERS

Got a bike? Got a helmet? Great! Join Biking Beeboppers as we explore Verona and the surrounding area on our bikes. Meet your counselors at Veteran's Park in Verona, then bike to various locations all over. With the Military Ridge Trail running through the heart of Verona, this is a great way to enjoy the outdoors and stay active this summer!

Fee: $100R / $120NR **Registration Deadline**: May 19
Start Date: June 18, runs approx. 4 weeks

Session	Ages	Day	Time	Location
#1	11-15	Thu	12:30-4pm	Veteran's Park

KIDS KAYAKING

Get ready to splash! Spend two fun-filled afternoons learning how to kayak at Fireman's Park Beach! This course, a partnership between the Verona Recreation Department and Rutabaga Outdoor Programs, will teach you kayak strokes and rescues. Come prepared to get wet and play some awesome water games as you develop your new paddling skills!

Fee: $130R / $150NR
Registration Deadline: 2 weeks before the class
Please indicate height and weight on registration form
Location: Fireman's Park Beach

Session	Dates	Days	Time
#1	6/23-6/25	Tue/Thu	1-4pm
#2	8/4-8/6	Tue/Thu	1-4pm

BABYSITTING CLASS

This program will provide the safety skills and confidence necessary to be a great babysitter! Upon completion of the course, you will receive a certificate and a babysitter's handbook. This class is provided in cooperation with and instructed by CPR Training Specialist, LLC who is a licensed training partner with the American Red Cross.

Participants should be at least 10 years old to enroll. We encourage all participants to bring a lunch.

Fee: $93R / $108NR
Registration Deadline: 1 week before the class
Location: Verona Public Library (500 Silent St.)

Session	Date	Day	Time
#1	3/28	Sat	9am-4pm
#2	4/25	Sat	9am-4pm
#3	5/16	Sat	9am-4pm
#4	6/20	Sat	9am-4pm
#5	7/18	Sat	9am-4pm
#6	8/15	Sat	9am-4pm

ENGINEERING FOR KIDS

In conjunction with Engineering For Kids, we provide children in grades K-6 with fun, hands-on engineering enrichment that encourages team work and creative thinking. Professionally-trained instructors will direct each class.

SUMMER CAMP MORNING SESSION 1:
LEGO® WEDO™ BOOMTOWN

Does your child have what it takes to create the next great civil innovation? Teams of campers will explore the growing needs and challenges of people in our community. They will help to imagine and create a building that solves a problem and makes life easier, happier, and more connected for the people that use it. This week is all about creativity and forward-thinking using our awesome LEGO WeDo 2.0 robots.

Fee: $175R / $195NR **Min:** 7 **Max:** 14
Location: Verona Senior Center

Grades	Dates	Days	Time
K-2	7/20-7/24	Mon-Fri	9am-12pm

SUMMER CAMP AFTERNOON SESSION 1:
STEM ENRICHMENT CAMP-WINGS, WHEELS, & SAILS

Who doesn't love to travel? Did you know that engineers are involved in designing different modes of transportation as well as inventing tools that aid in travel? During this camp, students will get their passports and travel to a new country every day by a different means - by land, water, or air. Create your own rolling rambler, understand what makes boats float, fly your own helicopter, and more!

Fee: $175R / $195NR **Min:** 7 **Max:** 14
Location: Verona Senior Center

Grades	Dates	Days	Time
K-2	7/20-7/24	Mon-Fri	1-4pm

SUMMER CAMP MORNING SESSION 2:
AUGMENTED REALITY DESIGN

AR is the hottest consumer tech on the market today and the potential is limitless. Hold and manipulate a glowing digital landscape in your hands, program a custom game to be played simply by turning your fist, and apply imagination to create something never seen before! Using our kid-friendly headsets and standalone Android devices, we'll dive in and take the invigorating plunge into an augmented world of wonder and creativity!

Fee: $175R / $195NR **Min:** 10 **Max:** 20
Location: Verona Senior Center

Grades	Dates	Days	Time
3-5	7/27-7/31	Mon-Fri	9am-12pm

"Lunch bunch" supervised lunch option available for students staying for both morning and afternoon camps.

Engineering For Kids®

SUMMER CAMP AFTERNOON SESSION 2:
A MINECRAFT EXPEDITION

Say goodbye to Earth as you blast off on an intergalactic quest! With our trusty kid-friendly version of Minecraft, we'll run private games so our campers can work through various programming activities at their own pace. They'll collaborate to tackle challenges in order to progress through the galaxy and discover the secrets that lay beyond the stars. Come check out why Minecraft is consistently one of our best sellers!

Fee: $175R / $195NR **Min:** 10 **Max:** 20
Location: Verona Senior Center

Grades	Dates	Days	Time
3-5	7/27-7/31	Mon-Fri	1-4pm

NEW!

TREEHOUSE VERONA

TREE HOUSE

In conjunction with Treehouse here in Verona we are offering several youth activities.

4K LUNCH & LEGOS

4K children gather for a snack-style lunch and series of LEGO-themed challenges and crafts each session. Activities will explore the concept of 2D and 3D, basic instructions, patterning, balance, and more! Price includes snack.
Fee: $100 **Min:** 4 **Max:** 8
Location: Treehouse Verona (201 E. Verona Ave)
Note: No class 3/24

Session	Dates	Day	Time
#1	2/4-2/25	Tue	12-2:30pm
#2	3/3-3/31	Tue	12-2:30pm
#3	4/7-4/28	Tue	12-2:30pm
#4	5/5-5/26	Tue	12-2:30pm

TREEHOUSE VERONA (con't)

4K BOOKS & BAKING

4K children start by measuring and mixing up something tasty. Next, they enjoy a book with a side of themed activities, and then… taste their creation fresh out of the oven! See our Facebook events calendar for details on the book of the month.
Fee: $100 **Min:** 4 **Max:** 8
Location: Treehouse Verona (201 E. Verona Ave)
Note: No class 3/26

Session	Dates	Day	Time
#1	2/6-2/27	Thu	12-2:30pm
#2	3/5-4/2	Thu	12-2:30pm
#3	4/9-4/30	Thu	12-2:30pm
#4	5/7-5/28	Thu	12-2:30pm

AFTERSCHOOL TREATS & TRIVIA CLUB

Grades K-5 children make a fun snack and then test their trivia skills on a new topic each week. Strategy games and puzzles will round out this fun afternoon! Price includes snack.
Fee: $100 **Min:** 5 **Max:** 10
Location: Treehouse Verona (201 E. Verona Ave)
Note: No class 3/24

Session	Dates	Day	Time
#1	2/4-2/25	Tue	3-5pm
#2	3/3-3/31	Tue	3-5pm
#3	4/7-4/28	Tue	3-5pm
#4	5/5-5/26	Tue	3-5pm

AFTERSCHOOL COOKING CLUB

Grades K-5 kids have fun with food trivia, kitchen skills, and recipes with a different theme each month. Price includes 2 meals that our chefs will take home for their families to enjoy! See our Facebook events page or email for the list of recipes and meals each month.
Fee: $130 **Min:** 5 **Max:** 10
Location: Treehouse Verona (201 E. Verona Ave)
Note: No class 3/25

Session	Dates	Day	Time
#1	2/5-2/26	Wed	3-5pm
#2	3/4-4/1	Wed	3-5pm
#3	4/8-4/29	Wed	3-5pm
#4	5/6-5/27	Wed	3-5pm

AFTERSCHOOL AT THE THEATER CLUB

Grades K-5 kids make a fun snack and explore the music and stories from a different movie or play each week. See our Facebook events page or email for the schedule of topics. Price includes snack.
Fee: $100 **Min:** 4 **Max:** 8
Location: Treehouse Verona (201 E. Verona Ave)
Note: No class 3/26

Session	Dates	Day	Time
#1	2/6-2/27	Thu	3-5pm
#2	3/5-4/2	Thu	3-5pm
#3	4/9-4/30	Thu	3-5pm
#4	5/7-5/28	Thu	3-5pm

SPRING BREAK KIDS CLUB

Get a preview of summer programming with our 4K-5th grade Spring Break Kids Club! Each half-day session during the week will focus on a different theme - strategy games, team challenges, cooking theater, and sports.

Lunch Club available as an add on to either session from 12-1pm for an additional $35 for the week; includes lunch.

Contact TreehousePrograms@gmail.com for partial week schedule requests or to add Lunch Club.
Fee: $110 **Min:** 5 **Max:** 10
Location: Treehouse Verona (201 E. Verona Ave)

Session	Dates	Days	Time
#1	3/23-3/27	Mon-Fri	9am-12pm
#2	3/23-3/27	Mon-Fri	1-4pm

SUMMER KIDS CLUB - WEEK 1

Hey 4K-5th graders! Kick off summer at the Treehouse! Summer Kids Club programming starts 6/1 and runs weekly through 8/28. Each half-day session during the week will focus on a different theme - strategy games, team challenges, cooking, theater, and sports.

Lunch Club available as an add on to either session from 12-1pm for an additional $35 for the week; includes lunch.

Additional weeks may be booked on our website (www.TreehousePrograms.com/booking). Select "Summer 2020".

Contact TreehousePrograms@gmail.com for partial week schedule requests, to add Lunch Club, or to set up regular weekly attendance for the rest of the summer.
Fee: $110 **Min:** 5 **Max:** 10
Location: Treehouse Verona (201 E. Verona Ave)

Session	Dates	Days	Time
#1	6/1-6/5	Mon-Fri	9am-12pm
#2	6/1-6/5	Mon-Fri	1-4pm

2020 SUMMER

CAMP WILDCAT

NEW! *Located at Stoner Prairie Elementary, Verona*

Ready for friends, sun and lots of fun!

Wisconsin YOUTH

Where kids thrive beyond the school day

Half-Day Camp Option

Air-Conditioned Space

Part of the Verona community for 23 years

Register March 2 @ wisconsinyouthcompany.org

VERONA AREA YOUTH ACTIVITIES

VERONA AREA GIRLS SOFTBALL ASSOCIATION

VAGSA is a non-profit organization committed to providing opportunities for recreational and competitive softball to all girls ages 5-18 in the Verona area. The program encourages the development of solid fundamentals through age- and skill-appropriate leagues and camps administered by experienced coaches and former Verona and college players. Our softball program affords both experienced players and new athletes to have a lot of fun and to build a new friendships along the way. In conjunction with the Verona Recreation Department, we offer an "Elite Softball Camp" as an instructional program that runs throughout the summer. The camp is open to all school ages and skill levels. Players are encouraged to participate in both league play and the instructional program.

Pre-season Warm-up Clinic: This clinic is for any players wishing to brush up on their skills before summer begins!
Fee: $30 in advance/$40 at the door
Location: Glacier Edge Elementary
Date: March 8
Register online: www.vagsa.org

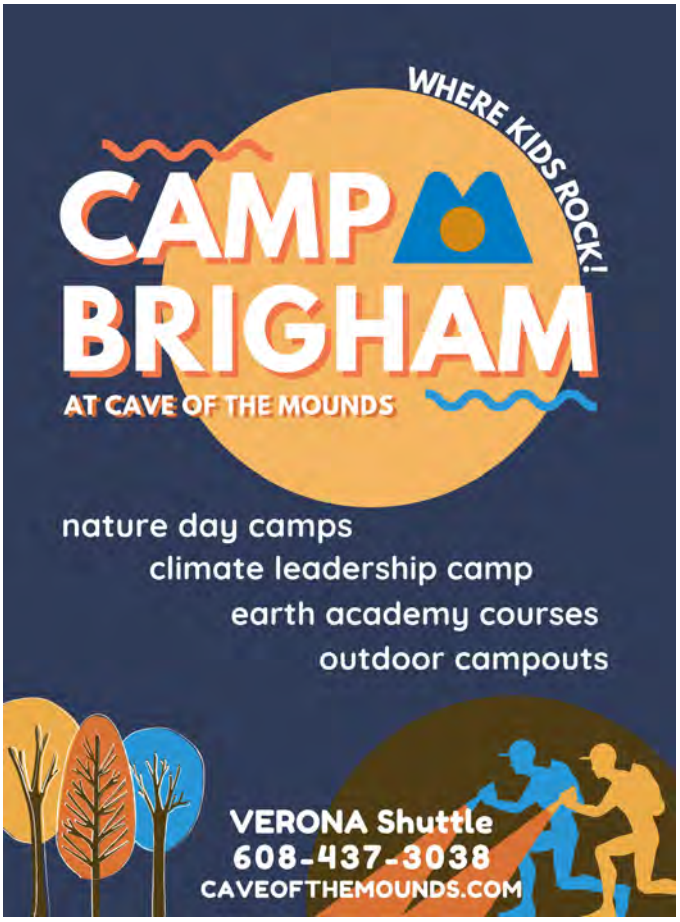
Skill Evaluation: The skill evaluation determines a player's placement on recreational and competitive teams for the summer league season.
Location: Glacier Edge Elementary
Date: March 15
Register online: www.vagsa.org

Leagues and Fees:
The grade refers to the current 2020/2021 grade.
Registration fees are due by March 8.
For registration and more information, visit www.vagsa.org

Grade	Fee
1-4	$145
5-12	$170

The competitive leagues are based on age, not grade.
Additional competitive league fee is due by May 1.

Competitive League Fee
$60



Note: These activities are NOT City of Verona Recreation programs. Please contact the league/organization for any questions.

Wildcat Soccer Camps 2020

These camps are designed to teach individual and team skills in the game of soccer. **For youth camps**, players will learn basic ball skills and tactics of soccer as well as learn to enjoy the love of the game. A new skill will be learned each day with games designed to emphasize those skills. **In the Premier Camp**, individual ball skills will be stressed as well as more advanced tactics of the game. Older players will also learn and prepare for the high school soccer experience. Each day will conclude with competitive small-sided matches. Teamwork and Sportsmanship will be a focus during all aspects of all camps.

COED Youth Camp (*For boys and girls entering grades K-5*)	**$60**	**June 8th-11th**	**10:00-11:30 a.m.**
BOYS Premier Camp (*For boys entering grades 6-8 in fall*)	**$75**	**June 20th-23rd**	**2:00-4:00 p.m.**

Location: Reddan Park: Goodman Field (turf) - *Inclement weather: Indoor Gym*
Equipment needed: Athletic clothes, shin guards, soccer shoes, water bottle, and soccer ball (optional)
Staff: Chris Handrick, *VAHS Head Boys Soccer Coach;* Jen Faulkner, *Head Girls Soccer Coach*
Wildcat Coaching Staff, current and former Boys and Girls VAHS players
Questions: Coach Jennifer Faulkner (608) 845-4162 faulknej@verona.k12.wi.us
Coach Chris Handrick (608) 576-8150 handricc@verona.k12.wi.us

Online Registration: www.verona.k12.wi.us/district_information/summer_camps

Verona Soccer Club Summer Camps
June 15-19, 2020

Youth Camp: Boys & girls ages 8-14. 9:AM – 12 PM

High School Camp: Boys & girls currently in high school or entering high school in Fall 2020. 9:00 AM – 12:00 PM

Goalkeeper Camp: Boys & girls age 12-16. 9AM – 12PM

Cost: $195 and includes a t-shirt ($15 sibling discount, up to $30 per family)

Little Kickers Camp: Boys & girls age 5-7. 9:00 – 11:00 AM
Cost: $125 includes a t-shirt (Sorry – no sibling discount available with the Little Kickers camp)

Location: Premier Soccer Fields, 7615 Marsh View Road (Corner of Hwy G/Dairy Ridge Rd)

Equipment Needed: Shin guards, soccer cleats, water bottle and soccer ball.

Staff: Camp run by Mellanie Nail, Director of Coaching for Verona Soccer Club. Additional coaches and players will be there from University of Wisconsin Badgers and Madison College teams.

Register:
veronasoccerclub.demosphere-secure.com/registration

Contact Autumn with questions: admin@veronasoccer.org

SECURE YOUR SPOT TODAY!

Register at INVENT.ORG/CAMP or 800-968-4332

Camp Invention® is for children entering grades 1st-6th.

Location: Stoner Prairie Elementary School
5830 Devoro Rd, Fitchburg, WI 53711

Date: June 15 - 26, 2020

Time & Cost: 12:30pm - 3:30pm | $245 (before discount)

Extended Day Hours Available: 3:30pm to 5:30pm | Additional $80

Camp Director: Amy Burdette | amy.burdette@ngsd.k12.wi.us | (608) 527-2810 Ext. 1028

Good news for VASD students - transportation will be provided from morning summer school to Camp Invention!

SAVE $25
WITH PROMO CODE
ELEVATE25
Offer expires March 31st.

If these dates/times don't work for you, please visit invent.org/camp for other locations near you.

A NONPROFIT PROGRAM OF THE NATIONAL INVENTORS HALL OF FAME®

National Inventors Hall of Fame®

UNITED STATES PATENT AND TRADEMARK OFFICE
uspto

©2019 National Inventors Hall of Fame®, Inc.

Investors in Creativity and Invention

AbbVie Foundation
Army Educational Outreach Program
Duck Tape®
Burton D. Morgan Foundation
Nordson Corporation Foundation
United Way of Summit County

ADULT FITNESS

FALL/WINTER SEASON REFEREES WANTED!

The Verona Recreation Department is looking for referees for several leagues this coming fall/winter season:

- Men's Basketball
- Adult Volleyball
- Youth Basketball

Please contact Casey or Mari for more information: 608-845-6695

SOFTBALL LEAGUES

For more information about our adult softball leagues, contact the appropriate commissioner listed below:

League	Night	Commissioner	Contact
Coed Slow Pitch	Mon	Jill Dudley	712-2436
Men's Slow Pitch	Tue	Terry Knight	695-4009
Coed Slow Pitch	Wed/Sun	Terry Knight	695-4009
Men's Slow Pitch	Thu	Terry King	249-8201
Over-35 Slow Pitch	Thu	Shannon Churchill	445-0134

INSTRUCTIONAL ADULT TENNIS

If you enjoy tennis and want to learn more, this program is for you! This program is for beginner and intermediate adult tennis enthusiasts. Instructional tennis will cover the fundamentals of the forehand, backhand, serve, scoring, and rules. Come on out and play!

Fee: $55R / $70NR **Registration Deadline**: May 15
Location: VAHS Tennis Courts
Start Date: June 16, runs approx. 6 weeks

Session	Dates	Days	Time
#1	6/16-7/23	Tue/Thu	6-7pm

The Verona Recreation Department is working to get Adult Pickleball classes! We are currently looking for instructors!

If you or anyone you know would be interested in teaching Pickleball for Verona Rec, please contact Casey or Mari: 608-845-6695

Please stay tuned to the city website and the Verona Rec Facebook page for updates!

www.ci.verona.wi.us

www.facebook.com/Veronarec/

SUMMER VFITT SCHEDULE

The Verona Recreation Department and the Verona Area School District are once again teaming up this summer to bring you VFITT, the adult wellness program that offers a wide variety of exercise classes to the entire community! For the fees listed, you can take ANY class listed on the schedule. Just list which classes you are interested in taking upon registration.
More classes may be added after this guide is published. For the most up-to-date schedule, please visit the VFITT website: **www.vasd-vfitt.com**
Please note: Classes are 45-60 minutes long, unless otherwise noted. Indoor classes have the option to move outdoors if weather permits. Please come prepared.

Fee: $50
Start Date: week of June 1; runs approx. to the beginning of the school year

STRETCH & CORE

This class runs for 30 minutes. Incorporates weights, medicine balls, straps, and tubes to work the entire body, followed by a 10-15 minute stretch.

YOGA

Vinyasa flow is a practice of matching breath with movement. The classes always incorporate sun salutation or "flows" which is why you will sometimes hear the class called flow. This style yoga is for all ages and levels; you will build strength, flexibility, and overall better health.

ZUMBA ®

Latin- and world-based music dance fitness class for all ages and abilities.

BOOT CAMP

A timed or rep count workout combined with cardio and strength. Some equipment used to help add to your workout. Boot camp works all areas of your body for a great metabolic workout. All levels welcome!

NEW!

TENNIS

This class runs for 1.5 hours. Tennis is for everyone from beginners who have never held a racquet to those who want the opportunity to play a few matches or refine a few shots. We will focus on good technique for ground strokes, volleys, and serves. If you don't know what any of those are, that's okay, too! We will have drills and games to work on those for the first 30-45 minutes, then play matches or variations on matches, based on skill. If you've never played and don't know if you'll like it, don't buy a racquet: contact Melissa Harrison (harrisom@verona.k12.wi.us) and you can borrow one. Otherwise, bring your racquet and a water bottle! Balls are provided.

WALK / RUN

This class begins with a 5 minute walking warmup, then the main workout will alternate between running for 1-2 minutes, and walking 1 minute. The workout will end with a 5 minute core set and 5 minute cooldown.

Time	Day	Class	Instructor	Location
7:30am	Mon	Stretch & Core	Laurie	Glacier Edge
6:00pm	Mon	Yoga	Kay	Country View Step Room
5:30am	Tue	Boot Camp	Angie	GE Tennis Courts (held in gym if bad weather)
3:30pm	Tue	Tennis	Melissa	VAHS Tennis Courts
6:00am	Wed	Walk/Run	Laurie	Military Ridge Trail Head
3:15pm	Wed	Zumba®	Amelia	Glacier Edge Commons/Gym
6:00pm	Wed	Yoga	Kay	Country View Step Room
5:30am	Thu	Boot Camp	Angie	GE Tennis Courts (held in gym if bad weather)

FAMILY ACTIVITIES

FIREMAN'S PARK BEACH

Are swimming, water slides, and diving boards your thing? Or maybe you prefer to bask in the sun? The newly renovated beach is just the place for you! Our new beach features a raised turf sundeck area just beyond the sand, as well as the old favorites - the twisty waterslide and the diving board.

When you need a break from all the different features of the park and beach, take five at a table under the shade of the new concessions stand shelter with a yummy ice cream or candy treat . The shelter also contains restrooms/changing rooms and a drinking fountain.

Join us for the 20th Annual Beach Bash on Wednesday, August 5th from 4-7pm! Come and enjoy games, prizes, free food, and music!

The beach is staffed with certified lifeguards during open beach hours.

Beach Rules:

- Children under 8 years must be supervised at all times by a responsible person of at least 15 years.
- Coast Guard approved flotation devices are allowed.
- Wristbands must be purchased before using the beach area.
- No fishing is allowed in the swimming area while the beach is open.

Season	Hours	Fee
June 4 - August 2 August 3 - August 28 June 12 - August 14 (Fridays)	12-7pm 12-6pm Opens at 9am	Resident* Youth: $2 Resident* Adult: $3 Non-resident Youth: $4 Non-resident Adult: $5

Resident* Beach Membership	Non-resident Beach Membership	Residents* only Beach + Natatorium Combo Membership
Youth: $45 Adult: $60 Family: $100	Youth: $70 Adult: $85 Family: $150	Adult: $70 Family: $120

Resident refers to those who live within the city limits of the City of Verona.

FIREMAN'S PARK SPLASH PAD

Verona's *coolest* place to be in the summer is the Fireman's Park Splash Pad! The pad features interactive spray fountains and the giant dumping pinwheel! Just off the main pad, toddlers and their parents can play in the Tot Pad with low fountains and shade structures.

For those looking to play while they dry out a bit, the new playground has you covered! It has cargo nets, a slide, and interactive pieces, like musical flowers.

Please note that the season dates are weather-dependent and may be subject to change.

Season	Hours	Fee
Memorial Day - Labor Day	10am-7pm	Free admission

Like our Facebook page to stay up-to-date on all the happenings at Fireman's Park! www.facebook.com/FiremansParkBeach/

PARK SHELTERS

The City of Verona has seven different park shelters that can be rented for family gatherings, parties and special occasions. Parks can be reserved in person or online. The shelter rental fee for City of Verona residents is $50 per 50 people. For non-residents, the fee is $100 for the first 50 people and $50 per each additional 50 people. Private individuals can once again sign up online. Those reserving on behalf of an organization should call 608-845-6695 for more information.

SHELTER	Cathedral Point	Community Park	Festival Park	Fireman's Park	Harriet Park	Hometown Junction	Tollefson Park	Veteran's Park
MAX GROUP ACCOMODATION	50	75	250	50	100	50	50	50
RESTROOMS	x	x	x	x	x	x	x	x
PARKING LOT	x	x		x		x		x
PLAYGROUND	x	x		x	x		x	x
WATER FEATURES				x				
OPEN FIELD SPACE	x		x	x	x		x	x
BASKETBALL COURT	x			x	x		x	x
TENNIS COURT	x				x		x	x
BALL DIAMOND		x						x
SKATE PARK		x						
PICKLEBALL (marked on tennis courts)					x		x	x

DISCOUNT TICKETS

In cooperation with the Wisconsin Park and Recreation Association, we are providing discount tickets to several attractions. Tickets will be available May 1 - August 28 during normal business hours: 8 AM - 4:30 PM. Quantities are limited, don't delay!

Attraction	Discount Price	Gate Price	Children
Noah's Ark	$29.00	$39.99	Under 36" are free
Milwaukee Zoo	Adult: $13.00 Child: $11.00	$16.75 $13.75	Child price for ages 3-12 Age 2 & under are free
Great America Any Day	$56.00	$83.19	Age 3 & under are free
Great America WPRA Week (6/29-7/7 only)	$41.00	$83.19	Age 3 & under are free

ART CART EXTRA!

Art Cart EXTRA! is back in Verona this summer! A part of the Madison Museum of Contemporary Art, this program provides **FREE** outdoor art-making experiences for kids and their families. Art Cart EXTRA! travels to bring expert instruction and a relaxed, no-stress attitude to art projects at parks, playgrounds, and beaches in Madison and twelve area communities. Individual and group art projects are planned for kids **ages 3 through 8**. Older kids are welcome, too! ALL kids must be accompanied by a supervising adult. Activities are led by experienced art teachers.

Day	Date	Time	Location
Sat	7/25	2-4pm	Veteran's Park

Recreation Department Survey

1) Including yourself, how many people live within your household?_____

2) How many children in each age group currently live in your household?
Ages: (indicate total number in each age category)

1-3_____	10-12_____
4-6_____	13-15_____
7-9_____	16-18_____

3) What programs offered by the Verona Recreation Department have you or anyone in your household participated in?
Programs: (please check each program that someone within your household has participated in)

Youth Dance	☐	Youth Track	☐
Youth Soccer	☐	Golf Instruction	☐
Youth Flag Football	☐	Tennis Instruction	☐
Youth Baseball	☐	Softball Instruction	☐
Youth Basketball	☐	Adult Volleyball	☐
Playground Program	☐	Adult Basketball	☐
Verona Beach	☐	Other (please specify):	☐

_____

4) Would you be in favor of adding a Community Rec. Center here in Verona? YES NO

5) Are you satisfied with the quality of the programs you have participated in? YES NO

6) Are you satisfied with the type of programs offered through the City of Verona Recreation Department?
YES NO

7) What improvements would you like to see in the programs offered by the City of Verona Recreation Department?

_____
_____
_____
_____

8) What type of programs or classes would you like to see offered by the City of Verona Recreation Department?

_____
_____
_____
_____

Please email survey, additional comments, or concerns to **casey.dudley@ci.verona.wi.us** or **mari.freber@ci.verona.wi.us**

VERONA PUBLIC LIBRARY

500 Silent Street Verona, WI 53593 | 608-845-7180 | www.veronapubliclibrary.org | Email: vpl@ci.verona.wi.us

Monday - Thursday 9am - 9pm | Friday 9am - 6pm | Saturday 9am - 4pm | Sunday 1 - 5pm

YOUR PUBLIC LIBRARY PROVIDES: Print materials….Electronic resources….Computers and Wi-Fi….Classes and Events….And More!

VPL Kids' Programs

Hey kids and teens! Join us for fun all summer long as the library offers arts and crafts, story times, book clubs, and more - including a special performance with magician Nickey Fynn!

KIDS' READ ALOUD BOOK CLUB

Tuesday, 3/3, 4/7, and 5/5, 4-5pm
Library staff will read aloud a longer book, lead a discussion about it, and then we'll do a fun activity together. No pre-reading required. Geared to ages 5-8.

MAGIC THE GATHERING TRADING CARD GAME

Wednesday, 3/4, 4/1, and 5/6, 4-5pm
Location: Community Room
Become a planeswalker, summon creatures, and cast powerful spells with Magic the Gathering Trading Card Game! Challenge your friends and peers in a casual environment. If you are an expert or just starting out, all are welcome to play and learn. The library will have some starter decks, or feel free to bring your own. Ages 8-18.

THE YOUNG AND THE RESTLESS

Friday, 3/6, and 3/20, 10-11:30am
Location: Community Room
Get your winter wiggles out! Young and the Restless open indoor playtime is an opportunity for kids to be active, develop motor skills, and make new friends. Ages 0-5 with their caregivers.

TWEEN DUNGEONS & DRAGONS

Wednesday, 3/11, 4/8, and 5/13, 4-5:30pm
Location: Community Room
Fantasy and Adventure await in 5th edition Dungeons & Dragons. All skill levels welcome! Ages 8-11.

STEAM STORY TIME

Saturday, 3/14, 10-11am
Location: Community Room
Join us for STEAM-based story time with science and art activities. Geared for ages 4-6. All are welcome to attend. This month's theme: Roar! A Dinosaur! No registration required.

KIDS YOGA

Wednesday, 3/18, 4/15, and 5/20, 1:30-2pm
Presented by CI Pediatric Therapy Centers. Geared to ages 2-5.

POKÉMON CLUB

Wednesday, 3/18, 4/15, and 5/20, 4-5pm
Join fellow Pokémon fanatics for a Pokémon-related activity each month. Bring your Gameboy, Switch, or learn to play the trading card game and compete against other kids! Bring your own deck or borrow one of ours. Ages 6-11.

MINECRAFT CLUB

Wednesday, 3/25, 4/22, and 5/27, 4-5pm
Location: Community Room
Build in creative mode! Grades 1-6. Please register in advance.

STEAM STORY TIME

Saturday, 4/11, 10-11am
Location: Community Room
Join us for STEAM-based story time with science and art activities. Geared for ages 4-6. All are welcome to attend. This month's theme: Building a Fairy Tale. No registration required.

VPL Adult Programs

ENGLISH CLASSES FOR ADULTS

Mondays, 2/3-3/30, 6-8pm
In these classes, participants will learn English communication skills, how to talk about community and school, and about reading with children - and more! The library will provide free childcare during the class. For more information, please call 608-244-3911. Presented in partnership with the Literacy Network.

TRAVEL IN TIME: VISITING COVERED BRIDGES IN THE UPPER MIDWEST

Thursday, 2/13, 6:30-7:30pm
The nostalgia and beauty of covered bridges has been captured in fiction and on film, thanks to *The Bridges of Madison County*. While they may be the best-known covered bridges, they are only six out of hundreds found in the Midwest. Travel through Indiana, Iowa, Illinois, Michigan, Minnesota, and Wisconsin thanks to Dave Mossner's photos and stories featuring 117 of these architectural gems. Presented in partnership with Oakwood Village.

IMMIGRATION THEN & NOW: A TIBETAN AMERICAN FAMILY AND THE WOMAN THEY ADOPTED

Wednesday, 2/19, 6:30-7:30pm
Author and educator Madeline Uraneck has journeyed throughout the world, but one of her most profound experiences happened right in her own hometown: Madison, WI. Uraneck's award-winning book, *How to Make a Life: A Tibetan Refugee Family and the Midwestern Woman They Adopted*, crosses cultural bridges by sharing her adopted family's inspiring immigration story and her own journey of learning lessons from them she had no idea she needed to know. Uraneck's book will be available for sale and signing.

MIND & MEDITATION

Wednesday, 2/26, and 3/25, 6:30-7:30pm
Join Prajkta Date, a certified yoga teacher, and explore how you can move ahead in life with less stress and more joy. The classes include light to moderate yoga and breathing exercises, followed by a guided meditation. Come ready to leave the class rejuvenated. Participants should wear comfortable clothing and bring a yoga mat or towel. Registration required. Limited to 25 participants.

RENDEVER VIRTUAL REALITY TOURS: EXPLORE ANCIENT EGYPT

Monday, 3/2, 10-10:30am
Learn all about Cleopatra, the Rosetta Stone, and the Pyramids as we take a tour of Ancient Egypt. Then we will take a camel ride together through the desert. Alasa Wiest, Verona Senior Center program manager, will guide you through an immersive 360° virtual reality experience. Registration required. Limited to 6 participants.

THE MAKING OF A PIONEER WISCONSIN: VOICES OF EARLY SETTLERS

Thursday, 3/5, 6:30-7:30pm
Historian Michael E. Stevens will discuss his book, *The Making of a Pioneer Wisconsin: Voices of Early Settlers*. Woven together with context provided by these first-person accounts, the book forms a fascinating narrative that deepens our ability to understand and empathize with Wisconsin's early pioneers. Books will be available for sale and signing. Presented in partnership with the Wisconsin Historical Society Speakers Bureau.

SENIOR CASE MANAGEMENT OUTREACH

Monday, 3/9, and 4/13, drop in between 1-2pm
A case manager from the Verona Senior Center will answer questions and provide resources for you or your aging loved one. Information on Medicare, homecare, housing assistance, financial resources, and more will be available. Contact Becky Losby or Julie Larson at 608-845-7471 with questions.

STOP THE BLEED TRAINING

Thursday, 3/12, 6:30-7:30pm
This class is designed for individuals with little or no medical training who may be called upon as immediate responders. Fitch-Rona EMS will teach you how to provide initial care and bleeding control to a victim of traumatic injury prior to the arrival of skilled help or in an austere environment. Registration required. Register on our website or call the Library. Limited to 10 participants.

VPL Adult Programs & Traveling Exhibits

YOUR GARDEN CAN FEED YOU ALL YEAR

Wednesday, 4/1, 6:30-7:30pm
With the right planning, you can eat food from your garden all year long. Megan Cain, author and creative gardener, will teach you how to have your earliest harvest ever in spring, keep the momentum going in summer through succession planning, and have a robust fall garden that feeds you all the way to holiday gatherings. Using simple techniques, you can extend the fruits of your labor into more months of the year so you get the most from your garden. Cain's books, *Super Easy Food Preserving* and *Smart Start Gardener Planner* will be available for sale and signing.

MEMORY SCREENING

Thursday, 4/2, 10am-2pm
Create a baseline for monitoring future memory changes. Specialists from the Aging & Disability Resource Center (ADRC) will provide free 20-min, confidential screenings. They'll also share information about memory, memory clinics, brain health, and local resources. Sign up at the Library reference desk or call 608-845-7180 ext. 3. Questions about the screens? Call the ADRC 608-240-7400.

GETTING TO KNOW MEDICARE

Monday, 4/20, 6:30-8pm
Join Jesse Grutz, founder of Grutz Financial, for a workshop designed to help simplify Medicare and to help you make an informed decision on Medicare without all the headaches and confusion.

ESTATE PLANNING - BE PREPARED!

Wednesday, 4/29, 6:30-8pm
Get your will and other legal documents in order. Everyone over the age of 18 should consider estate planning. Learn the key elements of estate planning and receive resources to enable you to complete your own. Presented in partnership with the Wisconsin Women's Business Initiative Corporation. Registration required. Register online at wwbic.com/classes or call 608-257-5450.

VERONA
public library

STRATEGIES TO PREVENT BASEMENT FLOODING

Wednesday, 5/13, 6:30-8pm
Most homeowners don't realize that with a little bit of planning, a few simple rules, and some basic landscaping tools, they can avoid ending up with a basement full of water as the seasons change. Whether this is a recurring issue for you or a future concern, Project Home is here to help. They will be at the Library to teach you strategies for preventing basement flooding that you can do with no large machinery involved. Presented in partnership with Project Home.

LEARN HANDS-ONLY CPR

Thursday, 5/14, 6:30-8pm
Did you know that 70% of out-of-hospital cardiac arrests happen in homes? Statistically, if you're called on to give CPR in an emergency, you'll most likely be trying to save the life of someone you love. In as little as 15 min, Fitch-Rona EMS paramedics will teach you how to do hands-only CPR and use an automated external defibrillator. Registration required. Register online or call the Library. Limited to 10 participants.

BRAT SALE FUNDRAISER

Friday, 5/22, 5-8:30pm at Wisconsin Brewing Company
Spend an evening enjoying music, brats and hot dogs, chips, and an ice-cold beverage! Everyone is welcome. All food sales proceeds benefit the Verona Public Library Endowment.

IMMIGRATION: AN AMERICAN STORY

2/13-3/12
This exhibition presents documents, maps, and images to tell select stories of those who came to America , some by coercion and other by choice in search of a better future for themselves and later generations.

FACES OF RAILROADING: RAILROADS & THE MAKING OF MADISON & DANE COUNTY

3/16-4/10
This exhibit looks at the historic role railroad workers have played in Dane County through compelling images of the past and present. In addition, the exhibit explores the changing geography of Madison in relation to the railroad. Presented in partnership with The Center for Railroad Photography & Art (www.railphoto-art.org).

VERONA SENIOR CENTER

108 Paoli Street Verona, WI 53593 | 608-845-7471 | www.friendsofveronaseniorcenter.org

Monday - Wednesday 8:30am - 4:30pm | Thursday 8:30am - 7pm | Friday 8:30am - 4:30pm

These activities are organized through the Verona Senior Center.
For questions about Senior Center activities or services, please call us or visit our website.
All exercise classes are a $10 drop-in fee (other prices are included in each class description)

CORE STRENGTH: ALASA WIEST

Tuesdays, 9am
Thursdays, 2pm
Free class!
This class focuses on building out core muscles. We do a variety of strength exercises with weights, planks, superman, and sit-ups. We do standing, sitting, and mat work. Most of the exercises can be modified. Supplies needed are a mat and weights.

TAI CHI: JODY CURLEY

Level 1: Fridays, 11:15am
Level 2: Fridays, 10am
$35 for 8 weeks
Tai Chi classes involve slow, fluid movement patterns which maintain and improve alignment and balance, flexibility, strength, and concentration. This will help your strength, range of motion, and stress management. In this class, you will be standing for an extended period of time.

FITNESS CLASSES: SHANNON MAGUIRE

Keeping Fit: Mondays & Thursdays, 8:45am
Yoga: Tuesdays, 2:30pm; Fridays, 8:45am
$50 punch card for 10 classes (does not expire)
The main goal of Shannon's classes is to improve your quality of life. She stresses fitness for mobility and fall prevention. The classes typically involve four components: strength training, balance, flexibility, and cardiovascular endurance. Classes are open to seniors - beginners to advanced! Exercises can be preformed standing or modified.

MELT CLASS: LIRON WEISS

Wednesdays, 11am & 12pm
$55 for 8 weeks
The MELT Method is the very first Hands-off Bodywork© method developed for the general public as a self-care tool to prevent and relieve chronic pain. For more information, visit www.meltmethod.com

FUNCTIONAL MELT CLASS: LIRON WEISS

Wednesdays, 10am
$55 for 8 weeks
This special class is for those who cannot get up and down from the floor.
This simple and unique self-treatment will make your whole body feel better and provide relief from neck and low back pain. Using specialized MELT balls on your hands and feet, you will learn how to help erase pain and tension.

FOOT CARE CLINIC

Mondays, appointments begin at 8:45am
$20 fee
Appointments must be made in advance. Please bring two towels for your own use. Fingernails can also be done at the same appointment for an additional $10.

FOOT REFLEXOLOGY

3rd Monday, 1st Tuesday, & 3rd Thursday of the month
Appointments begin at 8:45am
$25 for 30 min; $50 for 60 min
Appointments must be made in advance. The therapist applies pressure with thumb and finger to the ends of nerves to help bring about increased circulation, a balancing effect, and a relaxation which enhances general well-being.

CHAIR MASSAGE

Tuesdays except 1st Tuesday
Appointments begin at 8:45am
$13 for 15 min; $25 for 30 min
Appointments must be made in advance. Enjoy the benefits of a massage of the neck, head, back, shoulders, and arms.

WELLNESS CHECKS

Wednesdays, 9:30am-2pm
Nurse Barbara does blood pressure and glucose checks, weigh-ins, and informal discussions about your health and nutritional goals and concerns. Most services with Nurse Barbara are on a "drop-in" basis, but you may call the Senior Center to make an appointment for a private consultation.

ACTIVE ENDEAVORS, CLUBS, & GAMES

The Senior Center offers many groups to participate in! The following is some of what we offer: Games of all kinds (including bridge, 500, BINGO, euchre), Thursday game night, RSVP Hometown Helpers, Men and Women Talk, Caregivers Support Group, Club 108 for mild dementia, Book Club, Card Making Group, Death Café, AA Meetings, Vets Group, Healthy Lifestyles, Weight Watchers, and Parkinson's Group.

BOCCE BALL COURTS

Would you like to come and play bocce ball? We would love for you to come have fun on our courts! Equipment is provided. Please call Senior Center if interested.

CHANGES RELATED TO AGING

3rd Monday of the month, 10am
This is a round-table discussion about the concerns, challenges, and losses we face as we get older.

CLUB 108

1st & 3rd Tuesdays of the month, Wednesdays, 10-11:30am
Club 108 is a program for individuals with early memory loss. There is no cost to enroll; if you are interested in joining or have questions, please contact case managers Becky Losby or Julie Larson at 845-7471.

CAREGIVERS SUPPORT GROUP

1st & 3rd Tuesdays of the month, 10am
All caregivers and former caregivers are welcome! RSVPs are not required. If you need transportation, please call the Senior Center.

MEN AND WOMEN TALK

2nd & 4th Tuesdays of the month, 10am
Come join others in conversation about a wide variety of topics. All are welcome!

VETERANS CLUB

3rd Thursday of the month, 3pm
All branches and all age groups are welcome! Please contact Becky Losby with any questions at 845-7471.

BOOK CLUB

2nd Wednesday of the month, 12:30pm
This group is led by the Verona Public Library. Please refer to the Senior Center website to find out what book is being read each month.

DEATH CAFÉ

2nd Friday of the month, 10am
The purpose of this program is to talk about death over food and drink. This will be an educational program on how to help you and others become more familiar with the end of life.

ACRYLIC PAINTING

4th Monday of the month, 1-3pm
Painting for all abilities! Learn acrylic painting techniques in a relaxed, no-judgement atmosphere with Carol Ann. No experience is necessary!

VERONA STAMPERS GROUP

1st Tuesday of the month, 1pm & 6pm
Bring your stamping projects from home and see what others are working on!

COMPUTERS WITH RICH

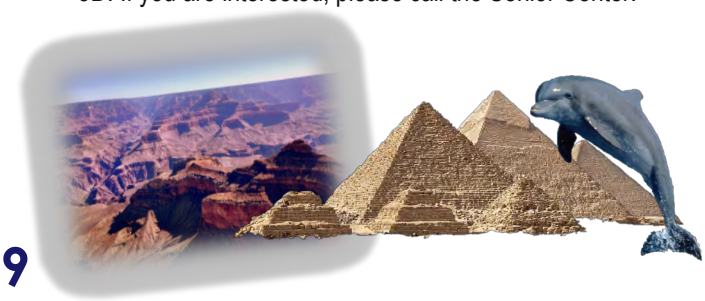
3rd Friday of the month, 10am
Rich will present on different computer topics.

GREAT COURSES DVD SERIES

Mondays, 1-2:30pm
These educational series are led by different professors all over the world. Check the Senior Center website for what is showing each month

VIRTUAL REALITY CAMERAS

The Senior Center is excited to announce that we have virtual reality equipment! Travel to the Grand Canyon, Eiffel Tower, Egypt, swim with dolphins, and much more - all in 3D! If you are interested, please call the Senior Center.



YOUR FAMILY GROCER
In A World Class Store

MILLER & SONS

Supermarket

www.millerandsonssupermarket.com

facebook.

MILLER & SONS - VERONA

NOW OFFERING ONLINE SHOPPING

MILLERANDSONSSUPERMARKET.COM

210 South Main Street
Verona, Wisconsin 53593
Phone: 608-845-6478
"Hometown U.S.A."

1845 Springdale Street
Mt. Horeb, Wisconsin 53572
Phone: 608-437-3081